

**2025 TRACK at new balance Collegiate Showdown - 1/18/2025****The TRACK at new balance****Results****Men 60 M Dash**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Hughes, Aaron	JR	Marquette	6.82Q	1
2 Nossek, Michael	FR	Suffolk	7.08Q	3
3 Cromer, Gabriel	FR	St. John Fisher	7.14Q	2
4 Lopez, Christopher	FR	St. John Fisher	7.20Q	4
5 Wilson, Jordan		MetroCobras TC	6.96q	1
6 Alcena, Jamar	SO	Unattached	7.10q	3
7 Ormon, Aaron	SR	Unattached	7.21q	4
8 Lonstein, Henry	SR	Gordon	7.24q	1
9 Young, Brock	JR	St. John Fisher	7.33	3
10 Jones, Keenan	SO	Gordon	7.39	3
11 Durand, Joshua	SR	Suffolk	7.41	2
12 Fox, Ethan	JR	St. John Fisher	7.42	4
13 Lucien II, Jacques	SO	Sacred Heart	7.47	1
14 Lamarre, Malik	SR	Unattached	7.49	2
15 Pereira, Ioan	JR	Suffolk	7.58	1
16 Herzog, Justin	FR	Gordon	7.60	4
17 Carrillo, Nico	FR	Suffolk	7.65	4
18 Erikson, Daniel	SR	Gordon	7.67	2
19 Cooper, Kerel	FR	St. John Fisher	7.75	3
20 Fernando, Sandeep	FR	Sacred Heart	7.76	4
21 Eddy, Brendan	SO	Suffolk	7.83	3
22 Delaine, Ryan	SR	St. John Fisher	7.87	4
23 Liebold, Tyler	FR	St. John Fisher	7.91	1
24 O'Brien, Cormac	FR	Suffolk	7.94	1
25 Hosman, Tighe	FR	Suffolk	7.95	3
26 Giles, Ethan	FR	St. John Fisher	8.00	2
27 Ettlich, Noah	FR	Gordon	8.56	4
-- Connors, Simon	SO	Colgate	FS	2

**Men 60 M Dash**

Name	Year	School	Finals
<b>Finals</b>			
1 Hughes, Aaron	JR	Marquette	6.81
2 Wilson, Jordan		MetroCobras TC	7.02
3 Cromer, Gabriel	FR	St. John Fisher	7.09
4 Alcena, Jamar	SO	Unattached	7.10
5 Nossek, Michael	FR	Suffolk	7.11
6 Lopez, Christopher	FR	St. John Fisher	7.14
7 Ormon, Aaron	SR	Unattached	7.18
8 Lonstein, Henry	SR	Gordon	7.28

**Men 200 M Dash**

Name	Year	School	Finals	H#
1 Hughes, Aaron	JR	Marquette	21.58	1
2 Olsen, Danny	SO	Marquette	21.61	1
3 Eisner, Ethan	SR	Colgate	21.64	2
4 Connors, Simon	SO	Colgate	22.31	2
5 Cromer, Gabriel	FR	St. John Fisher	22.58	9

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6	Alcena, Jamar	SO Unattached	22.83	3	
7	Nossek, Michael	FR Suffolk	22.89	9	
8	Reed, Corinthian	FR St. John Fisher	22.92	4	
9	Chu, Marcus	FR Colgate	23.04	3	
10	Lonstein, Henry	SR Gordon	23.29	5	
11	Ormon, Aaron	SR Unattached	23.32	7	
12	Wilson, Damon	SO Sacred Heart	23.54	10	
13	Lopez, Christopher	FR St. John Fisher	23.58	4	
14	Bishop, Brady	SR St. John Fisher	23.62	4	
15	Hunt, Dylan	JR Sacred Heart	23.76	8	
16	Young, Brock	JR St. John Fisher	23.78	5	
17	Lucien II, Jacques	SO Sacred Heart	23.79	10	
18	Suter, Douglas	JR Sacred Heart	23.84	8	23.831
19	Branco, Jake	Team JMC	23.84	7	23.839
20	Breeds, Conner	FR Sacred Heart	23.96	6	
21	Durand, Joshua	SR Suffolk	23.98	5	
22	Prentice, Michael	FR St. John Fisher	23.99	6	
23	Cale, Aidan	FR Sacred Heart	24.10	7	
24	Hartigan, Rob	SR St. John Fisher	24.38	1	
25	Sanchez, Wyatt	FR Sacred Heart	24.41	9	
26	Fernando, Sandeep	FR Sacred Heart	24.46	3	
27	Pereira, Ioan	JR Suffolk	24.54	2	
28	Fox, Ethan	JR St. John Fisher	24.67	6	
29	Cooper, Kerel	FR St. John Fisher	25.11	1	
30	Henderson, Gavin	SR St. John Fisher	25.54	5	
31	Frodelius, Michael	SO Suffolk	25.56	2	
32	Eddy, Brendan	SO Suffolk	25.59	4	
33	Delaine, Ryan	SR St. John Fisher	25.67	10	
34	O'Brien, Cormac	FR Suffolk	26.03	6	
35	Liebold, Tyler	FR St. John Fisher	26.30	9	
36	Geelan, Colin	FR St. John Fisher	26.45	7	
37	Giles, Ethan	FR St. John Fisher	27.00	8	

**Men 400 M Dash**

Name	Year School	Finals	H#	
1	Eisner, Ethan	SR Colgate	48.39	1
	22.701 (22.701)	48.385 (25.684)		
2	Olsen, Danny	SO Marquette	48.78	2
	22.338 (22.338)	48.771 (26.433)		
3	Reed, Corinthian	FR St. John Fisher	50.61	3
	24.346 (24.346)	50.607 (26.261)		
4	Papajohn, Matthew	FR Sacred Heart	50.66	3
	24.166 (24.166)	50.656 (26.490)		
5	walinowski, konrad	FR Unattached	50.75	1
	22.500 (22.500)	50.749 (28.250)		
6	Chu, Marcus	FR Colgate	51.78	5
	24.792 (24.792)	51.776 (26.984)		
7	Bishop, Brady	SR St. John Fisher	52.29	3
	24.382 (24.382)	52.284 (27.903)		
8	Johnson, Adam	FR St. John Fisher	52.41	5
	24.946 (24.946)	52.409 (27.464)		
9	Sargent, Jakob	SR Sacred Heart	52.78	1
	24.272 (24.272)	52.776 (28.504)		

**2025 TRACK at new balance Collegiate Showdown - 1/18/2025****The TRACK at new balance****Results****...Men 400 M Dash**

10 Terry, Will	FR Colgate	52.80	3
24.752 (24.752)	52.800 (28.049)		
11 Prentice, Michael	FR St. John Fisher	52.96	2
24.954 (24.954)	52.956 (28.003)		
12 Durand, Joshua	SR Suffolk	53.14	1
24.093 (24.093)	53.134 (29.041)		
13 Jaipaul, Ryan	JR Sacred Heart	53.20	2
25.187 (25.187)	53.197 (28.011)		
14 Cale, Aidan	FR Sacred Heart	53.25	4
25.032 (25.032)	53.243 (28.212)		
15 Breeds, Conner	FR Sacred Heart	54.07	3
25.240 (25.240)	54.068 (28.828)		
16 Hartigan, Rob	SR St. John Fisher	54.36	4
24.810 (24.810)	54.356 (29.547)		
17 Miele, Dominic	SR Sacred Heart	54.37	4
25.392 (25.392)	54.370 (28.978)		
18 Kennedy, Khristian	FR Sacred Heart	55.06	2
25.388 (25.388)	55.059 (29.672)		
19 Pereira, Ioan	JR Suffolk	55.10	2
25.243 (25.243)	55.092 (29.849)		
20 Fry, Navon	JR Sacred Heart	56.66	4
25.651 (25.651)	56.658 (31.008)		
21 Sonta, Christian	SO Sacred Heart	56.84	5
26.017 (26.017)	56.833 (30.816)		
22 Henderson, Gavin	SR St. John Fisher	59.36	5
27.228 (27.228)	59.360 (32.132)		
23 Geelan, Colin	FR St. John Fisher	1:02.30	1
27.188 (27.188)	1:02.297 (35.109)		

**Men 600 M Run**

Name	Year School	Finals	H#
1 Lyles, Brendan	SO Sacred Heart	1:26.91	1
28.508 (28.508)	58.339 (29.832)	1:26.907 (28.568)	
2 Strain, Jacob	SO Sacred Heart	1:27.11	1
28.674 (28.674)	58.123 (29.450)	1:27.103 (28.980)	
3 Peterson, Dylan	FR Sacred Heart	1:27.34	2
28.797 (28.797)	58.598 (29.802)	1:27.334 (28.736)	
4 Maloney, Kely	SR Suffolk	1:28.08	2
28.953 (28.953)	58.599 (29.647)	1:28.080 (29.481)	
5 Cuahuizo-Mendez, Andy	FR Sacred Heart	1:29.10	1
28.903 (28.903)	58.618 (29.716)	1:29.092 (30.475)	
6 Tait, Henry	FR Gordon	1:29.42	1
27.856 (27.856)	58.072 (30.216)	1:29.417 (31.345)	
7 McGinn, Peter	JR Gordon	1:32.27	2
28.622 (28.622)	59.487 (30.865)	1:32.266 (32.780)	
8 Tucker, Nate	FR Gordon	1:35.24	2
29.165 (29.165)	1:01.110 (31.946)	1:35.237 (34.128)	
9 Kenyon, Jack	SR Unattached	1:35.68	1
30.916 (30.916)	1:02.763 (31.848)	1:35.672 (32.909)	

**2025 TRACK at new balance Collegiate Showdown - 1/18/2025****The TRACK at new balance****Results****Men 800 M Run**

Name	Year	School	Finals	H#
1 Ebmeyer, Dakin	SO	Colgate	1:55.60	1
29.242 (29.242)	58.122 (28.881)	1:26.958 (28.836)	1:55.599 (28.642)	
2 Hayes, Lance	JR	Sacred Heart	1:55.96	1
28.850 (28.850)	57.942 (29.092)	1:27.349 (29.407)	1:55.960 (28.612)	
3 Davis, Liam	SO	Colgate	1:56.63	1
28.611 (28.611)	57.600 (28.989)	1:27.170 (29.571)	1:56.628 (29.458)	
4 Gabrielle, John 'jack'	SO	Colgate	1:58.79	1
29.829 (29.829)	58.297 (28.468)	1:27.426 (29.130)	1:58.784 (31.358)	
5 Kosich, Finn	SO	Colgate	1:58.80	1
29.877 (29.877)	58.715 (28.839)	1:28.299 (29.584)	1:58.797 (30.498)	
6 Myers, Joshua	FR	Colgate	2:01.74	1
30.051 (30.051)	59.597 (29.546)	1:30.479 (30.883)	2:01.732 (31.253)	
7 Parker, Owen	JR	Sacred Heart	2:02.12	1
29.587 (29.587)	59.054 (29.467)	1:29.573 (30.520)	2:02.120 (32.548)	
8 Canale, Nathan	SO	St. John Fisher	2:02.56	2
30.044 (30.044)	59.475 (29.432)	1:29.639 (30.164)	2:02.557 (32.918)	
9 Curreri, Patrick	JR	Sacred Heart	2:02.84	1
30.201 (30.201)	59.737 (29.536)	1:30.384 (30.648)	2:02.831 (32.448)	
10 Moore, James	SR	Sacred Heart	2:04.07	1
29.059 (29.059)	58.440 (29.381)	1:28.317 (29.877)	2:04.061 (35.744)	
11 Toland, Declan	SO	Sacred Heart	2:04.49	2
30.437 (30.437)	1:01.803 (31.367)	1:33.654 (31.852)	2:04.489 (30.835)	
12 Dyer, Jacob	FR	Gordon	2:08.91	2
30.738 (30.738)	1:03.804 (33.066)	1:37.480 (33.676)	2:08.909 (31.429)	
13 Sandoval, Joshua	SR	St. John Fisher	2:10.24	2
30.590 (30.590)	1:03.426 (32.837)	1:38.266 (34.840)	2:10.235 (31.970)	
14 Stanton, Connor	FR	St. John Fisher	2:10.40	2
30.345 (30.345)	1:01.988 (31.644)	1:35.877 (33.889)	2:10.394 (34.518)	
15 Lambe, Patrick	SR	Suffolk	2:10.96	2
30.895 (30.895)	1:03.172 (32.277)	1:36.636 (33.464)	2:10.954 (34.318)	
16 Schappi, Jamie	SR	St. John Fisher	2:11.46	2
30.762 (30.762)	1:03.066 (32.304)	1:37.239 (34.174)	2:11.456 (34.217)	
17 McGoldrick, Matthew	SO	Suffolk	2:17.10	2
31.474 (31.474)	1:04.251 (32.777)	1:39.242 (34.992)	2:17.096 (37.854)	
-- Barbaro, Nicholas	SO	Sacred Heart	DNF	2
30.834 (30.834)				

**Men 1 Mile Run**

Name	Year	School	Finals	H#
1 Horner, Benjamin	SR	Colgate	4:20.00	1
32.145 (32.145)	1:04.581 (32.436)	1:36.155 (31.574)	2:07.978 (31.824)	
2:39.788 (31.811)	3:12.501 (32.713)	3:45.840 (33.339)	4:20.000 (34.161)	
2 Ferlise, Tyler	SO	Colgate	4:23.16	1
33.448 (33.448)	1:07.105 (33.658)	1:40.331 (33.226)	2:13.508 (33.178)	
2:46.831 (33.323)	3:21.178 (34.348)	3:53.354 (32.176)	4:23.151 (29.797)	
3 Mason, Michael	SO	Sacred Heart	4:23.23	1
33.155 (33.155)	1:06.712 (33.558)	1:40.024 (33.312)	2:13.786 (33.762)	
2:47.263 (33.477)	3:20.930 (33.668)	3:53.456 (32.527)	4:23.223 (29.767)	
4 Robinson, Tyler	FR	Colgate	4:28.30	1
31.934 (31.934)	1:04.957 (33.024)	1:37.472 (32.516)	2:11.808 (34.336)	
2:46.529 (34.721)	3:21.540 (35.012)	3:55.233 (33.693)	4:28.296 (33.063)	

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5	Larson, Nicholas	SO Colgate	4:28.62	1			
	33.365 (33.365)	1:06.875 (33.510)	1:40.152 (33.277)		2:13.260 (33.109)		
	2:46.616 (33.356)	3:20.961 (34.345)	3:54.480 (33.520)		4:28.616 (34.136)		
6	Chisum, Luke	SR Unattached	4:29.24	1			
	34.231 (34.231)	1:07.678 (33.448)	1:41.689 (34.012)		2:16.394 (34.705)		
	2:50.935 (34.541)	3:25.451 (34.516)	3:59.727 (34.276)		4:29.237 (29.511)		
7	Vene, Matthew	JR Sacred Heart	4:30.22	1			
	33.950 (33.950)	1:07.441 (33.492)	1:41.435 (33.994)		2:16.129 (34.695)		
	2:50.996 (34.868)	3:25.156 (34.160)	3:59.622 (34.467)		4:30.220 (30.598)		
8	Schultz, Josef	SO Gordon	4:32.26	1			
	34.558 (34.558)	1:09.136 (34.579)	1:44.292 (35.156)		2:19.393 (35.102)		
	2:55.186 (35.793)	3:29.721 (34.536)	4:01.798 (32.077)		4:32.255 (30.457)		
9	Singh, Harjaap	FR Sacred Heart	4:34.63	2			
	34.044 (34.044)	1:08.188 (34.144)	1:42.926 (34.739)		2:18.538 (35.612)		
	2:53.271 (34.733)	3:28.251 (34.980)	4:02.280 (34.029)		4:34.624 (32.345)		
10	Green, Hayden	JR Suffolk	4:35.51	1			
	34.016 (34.016)	1:07.894 (33.879)	1:41.954 (34.060)		2:15.804 (33.850)		
	2:50.454 (34.651)	3:26.084 (35.631)	4:01.110 (35.026)		4:35.505 (34.396)		
11	Prestipino, Giovanni	SO Sacred Heart	4:36.12	2			
	32.567 (32.567)	1:06.321 (33.755)	1:41.132 (34.812)		2:16.276 (35.144)		
	2:52.097 (35.822)	3:27.929 (35.832)	4:02.763 (34.834)		4:36.112 (33.350)		
12	Franzese, Demetri	FR Sacred Heart	4:37.89	1			
	34.385 (34.385)	1:08.699 (34.314)	1:43.681 (34.983)		2:18.356 (34.676)		
	2:52.989 (34.633)	3:28.900 (35.912)	4:03.976 (35.076)		4:37.881 (33.905)		
13	Esposito, Anthony	FR Sacred Heart	4:38.65	1			
	33.792 (33.792)	1:07.699 (33.907)	1:42.601 (34.903)		2:17.823 (35.222)		
	2:53.374 (35.552)	3:28.664 (35.291)	4:04.394 (35.730)		4:38.642 (34.248)		
14	Devine, Patrick	FR Sacred Heart	4:40.34	1			
	34.142 (34.142)	1:08.427 (34.285)	1:43.388 (34.962)		2:18.664 (35.276)		
	2:54.483 (35.819)	3:30.316 (35.834)	4:05.712 (35.396)		4:40.336 (34.624)		
15	Gaulrapp, Ryan	FR Sacred Heart	4:44.14	2			
	32.264 (32.264)	1:05.565 (33.302)	1:40.387 (34.822)		2:16.708 (36.322)		
	2:54.494 (37.786)	3:32.964 (38.471)	4:10.484 (37.520)		4:44.138 (33.655)		
16	Arthur, Brian	FR Sacred Heart	4:44.21	2			
	33.080 (33.080)	1:07.480 (34.400)	1:43.428 (35.949)		2:20.284 (36.856)		
	2:57.311 (37.027)	3:35.417 (38.107)	4:12.673 (37.256)		4:44.206 (31.533)		
17	Dorunda, Michael	Unattached	4:45.64	1			
	34.183 (34.183)	1:08.891 (34.708)	1:43.984 (35.094)		2:19.242 (35.258)		
	2:55.796 (36.555)	3:33.935 (38.139)	4:11.734 (37.800)		4:45.634 (33.900)		
18	Delisle, Owen	SO Sacred Heart	4:46.70	2			
	32.141 (32.141)	1:05.426 (33.285)	1:40.077 (34.652)		2:16.071 (35.994)		
	2:53.073 (37.003)	3:30.756 (37.684)	4:09.359 (38.603)		4:46.692 (37.333)		
19	Shannon, Declan	FR Suffolk	4:51.39	2			
	33.329 (33.329)	1:07.767 (34.438)	1:43.265 (35.499)		2:19.052 (35.787)		
	2:55.511 (36.460)	3:34.066 (38.556)	4:12.640 (38.575)		4:51.390 (38.750)		
20	Hand, Evan	FR Gordon	4:52.28	2			
	34.746 (34.746)	1:10.384 (35.639)	1:47.482 (37.098)		2:24.813 (37.332)		
	3:03.864 (39.052)	3:43.178 (39.314)	4:19.676 (36.498)		4:52.280 (32.605)		
21	Kenyon, Jack	SR Unattached	4:52.54	2			
	35.291 (35.291)	1:10.459 (35.168)	1:47.202 (36.744)		2:23.613 (36.412)		
	3:00.578 (36.965)	3:38.281 (37.704)	4:16.315 (38.034)		4:52.533 (36.219)		
22	Selverian, Christian	JR Sacred Heart	5:11.35	2			
	35.007 (35.007)	1:10.969 (35.963)	1:49.190 (38.221)		2:28.773 (39.584)		
	3:09.196 (40.423)	3:50.045 (40.850)	4:30.440 (40.395)		5:11.345 (40.906)		

**2025 TRACK at new balance Collegiate Showdown - 1/18/2025**

**The TRACK at new balance**

**Results**

**....Men 1 Mile Run**

23 O'Halloran, Luke	SO Gordon	5:29.00	2		
35.628 (35.628)	1:14.160 (38.532)	1:55.849 (41.689)		2:39.019 (43.170)	
3:22.132 (43.114)	4:05.681 (43.549)	4:48.858 (43.177)		5:28.996 (40.139)	
24 Patrick, Kyler	FR St. John Fisher	5:58.92	2		
36.305 (36.305)	1:17.369 (41.064)	2:00.598 (43.229)		2:46.995 (46.397)	
3:33.857 (46.863)	4:21.600 (47.744)	5:10.890 (49.290)		5:58.912 (48.022)	

**Men 3000 M Run**

Name	Year School	Finals			
1 Holland, Owen	SR Colgate	8:32.27			
30.639 (30.639)	1:05.032 (34.393)	1:39.822 (34.790)		2:14.679 (34.857)	
2:49.781 (35.103)	3:24.910 (35.129)	3:59.727 (34.817)		4:34.325 (34.599)	
5:08.440 (34.116)	5:43.874 (35.434)	6:19.164 (35.291)		6:53.984 (34.820)	
7:28.839 (34.856)	8:01.781 (32.942)	8:32.263 (30.482)			
2 Keiser, William	SO Colgate	8:32.56			
32.034 (32.034)	1:05.682 (33.648)	1:40.080 (34.399)		2:14.942 (34.862)	
2:49.937 (34.996)	3:24.691 (34.754)	3:59.489 (34.799)		4:34.090 (34.601)	
5:08.204 (34.115)	5:43.635 (35.431)	6:19.392 (35.758)		6:54.286 (34.894)	
7:28.612 (34.327)	8:01.551 (32.940)	8:32.553 (31.002)			
3 McMorrow, Owen	JR Colgate	8:39.78			
33.051 (33.051)	1:06.735 (33.684)	1:41.185 (34.451)		2:15.655 (34.471)	
2:50.185 (34.530)	3:25.056 (34.872)	4:00.012 (34.956)		4:34.586 (34.574)	
5:08.762 (34.176)	5:44.167 (35.406)	6:19.519 (35.352)		6:54.799 (35.280)	
7:29.646 (34.848)	8:05.204 (35.559)	8:39.779 (34.575)			
4 McGraw, Andrew	SO Colgate	8:46.97			
32.817 (32.817)	1:06.802 (33.985)	1:41.488 (34.687)		2:15.934 (34.446)	
2:50.759 (34.825)	3:25.625 (34.867)	4:00.959 (35.334)		4:35.139 (34.180)	
5:10.287 (35.149)	5:46.182 (35.895)	6:22.457 (36.276)		6:59.286 (36.829)	
7:36.263 (36.977)	8:12.621 (36.359)	8:46.969 (34.348)			
5 DeMatt, Owen	SO Colgate	8:53.97			
32.474 (32.474)	1:06.533 (34.060)	1:40.935 (34.402)		2:15.811 (34.877)	
2:50.482 (34.671)	3:25.396 (34.915)	4:00.679 (35.283)		4:36.027 (35.348)	
5:12.387 (36.361)	5:49.494 (37.107)	6:27.083 (37.589)		7:04.479 (37.397)	
7:42.439 (37.960)	8:19.961 (37.522)	8:53.967 (34.007)			
6 Stuart, Jace	SO Unattached	8:54.28			
31.506 (31.506)	1:06.313 (34.808)	1:41.451 (35.138)		2:16.583 (35.133)	
2:51.505 (34.922)	3:27.770 (36.265)	4:03.799 (36.029)		4:40.726 (36.928)	
5:17.644 (36.919)	5:54.418 (36.774)	6:31.828 (37.411)		7:09.273 (37.445)	
7:46.225 (36.952)	8:21.750 (35.525)	8:54.271 (32.522)			
7 Griffith, John	JR Colgate	8:57.06			
34.817 (34.817)	1:08.711 (33.895)	1:43.933 (35.222)		2:19.171 (35.238)	
2:54.648 (35.478)	3:30.809 (36.161)	4:07.273 (36.464)		4:43.308 (36.036)	
5:19.723 (36.415)	5:56.866 (37.144)	6:33.985 (37.120)		7:10.680 (36.696)	
7:47.163 (36.484)	8:23.439 (36.276)	8:57.054 (33.616)			
8 Rivier, Thomas	FR Colgate	9:11.00			
31.763 (31.763)	1:07.359 (35.597)	1:44.570 (37.211)		2:22.105 (37.536)	
3:00.527 (38.422)	3:38.957 (38.431)	4:16.667 (37.710)		4:54.107 (37.441)	
5:31.445 (37.338)	6:09.747 (38.303)	6:47.890 (38.143)		7:24.790 (36.900)	
8:01.657 (36.868)	8:36.921 (35.264)	9:10.998 (34.077)			

**2025 TRACK at new balance Collegiate Showdown - 1/18/2025**

**The TRACK at new balance**

**Results**

**....Men 3000 M Run**

9 spaulding, will	FR Unattached	9:21.21	
35.743 (35.743)	1:13.412 (37.670)	1:51.133 (37.721)	2:28.909 (37.776)
3:06.525 (37.616)	3:43.952 (37.428)	4:21.696 (37.744)	4:59.579 (37.883)
5:37.759 (38.180)	6:15.718 (37.960)	6:53.844 (38.127)	7:30.814 (36.970)
8:08.823 (38.009)	8:45.852 (37.030)	9:21.203 (35.351)	
10 Romito, Dawson	SO Unattached	9:23.41	
36.395 (36.395)	1:13.655 (37.260)	1:51.399 (37.745)	2:29.171 (37.772)
3:06.800 (37.629)	3:44.213 (37.413)	4:21.947 (37.734)	4:59.854 (37.908)
5:37.995 (38.141)	6:15.965 (37.971)	6:54.125 (38.160)	7:31.380 (37.256)
8:09.547 (38.167)	8:47.590 (38.044)	9:23.403 (35.813)	
11 Kulp, Nate	SR St. John Fisher	9:27.65	
33.087 (33.087)	1:07.870 (34.784)	1:43.033 (35.164)	2:18.775 (35.742)
2:55.171 (36.397)	3:31.805 (36.634)	4:09.395 (37.590)	4:47.599 (38.205)
5:26.051 (38.452)	6:05.308 (39.257)	6:45.447 (40.139)	7:25.500 (40.054)
8:05.984 (40.484)	8:46.626 (40.642)	9:27.643 (41.018)	
12 Hayward, Connor	SR Suffolk	9:27.80	
36.171 (36.171)	1:11.982 (35.812)	1:48.447 (36.466)	2:26.170 (37.723)
3:04.147 (37.978)	3:42.142 (37.995)	4:20.208 (38.067)	4:58.019 (37.812)
5:35.878 (37.859)	6:14.896 (39.019)	6:54.175 (39.279)	7:33.324 (39.150)
8:12.668 (39.344)	8:51.595 (38.928)	9:27.791 (36.196)	
13 O'Brien, Rowan	FR Sacred Heart	9:38.30	
35.943 (35.943)	1:14.101 (38.158)	1:51.974 (37.873)	2:30.486 (38.512)
3:08.667 (38.181)	3:46.734 (38.068)	4:25.114 (38.380)	5:03.878 (38.764)
5:43.344 (39.467)	6:23.314 (39.970)	7:05.279 (41.966)	7:45.310 (40.031)
8:26.501 (41.192)	9:05.010 (38.509)	9:38.300 (33.291)	
14 Hooker, Reid	JR St. John Fisher	9:47.80	
35.540 (35.540)	1:14.114 (38.574)	1:51.597 (37.484)	2:29.554 (37.957)
3:07.081 (37.528)	3:44.626 (37.545)	4:22.955 (38.329)	5:02.463 (39.509)
5:42.935 (40.472)	6:22.406 (39.472)	7:03.988 (41.583)	7:44.985 (40.997)
8:26.263 (41.279)	9:06.919 (40.656)	9:47.791 (40.873)	
15 Geaslen, Aaron	FR Gordon	10:17.86	
37.126 (37.126)	1:16.613 (39.488)	1:56.903 (40.290)	2:37.134 (40.232)
3:17.066 (39.932)	3:57.522 (40.456)	4:38.111 (40.589)	5:19.475 (41.365)
6:01.104 (41.629)	6:43.501 (42.397)	7:26.828 (43.328)	8:10.169 (43.341)
8:53.262 (43.093)	9:37.382 (44.120)	10:17.851 (40.470)	
16 Morales, Ethan	JR St. John Fisher	10:24.95	
36.350 (36.350)	1:13.835 (37.486)	1:51.827 (37.992)	2:30.874 (39.047)
3:11.442 (40.568)	3:53.083 (41.642)	4:35.939 (42.856)	5:19.461 (43.522)
6:02.866 (43.405)	6:46.986 (44.120)	7:31.102 (44.116)	8:15.260 (44.159)
8:59.188 (43.928)	9:43.068 (43.880)	10:24.945 (41.877)	
17 Najarian, Michael	JR Suffolk	10:39.22	
37.345 (37.345)	1:18.261 (40.916)	2:00.546 (42.285)	2:43.817 (43.272)
3:27.761 (43.944)	4:11.863 (44.102)	4:56.158 (44.296)	5:38.427 (42.270)
6:20.737 (42.310)	7:03.894 (43.157)	7:48.079 (44.185)	8:32.703 (44.624)
9:17.857 (45.155)	10:01.891 (44.034)	10:39.213 (37.323)	

**Men 60 M Hurdles**

Name	Year School	Finals
1 Wilson, Damon	SO Sacred Heart	8.90
2 Hosman, Tighe	FR Suffolk	9.11
3 Welch, Oren	FR St. John Fisher	9.29
4 Erikson, Daniel	SR Gordon	9.30
5 Johnson, Adam	FR St. John Fisher	9.40

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**The TRACK at new balance**

**Results**

**....Men 60 M Hurdles**

6 Dorio, Kevin	SO Sacred Heart	11.69
-- Crabbs, Holden	FR Sacred Heart	DNF

**Men 4x400 M Relay**

School	Finals	H#
1 Sacred Heart 'A'	3:22.35	1
1) Papajohn, Matthew FR	2) Lyles, Brendan SO	
3) Strain, Jacob SO	4) Hayes, Lance JR	
25.450 (25.450)	51.574 (26.124)	1:15.969 (24.396)
2:07.077 (24.416)	2:33.887 (26.811)	2:56.702 (22.816)
		1:42.662 (26.693)
		3:22.348 (25.646)
2 Colgate 'A'	3:27.21	1
1) Horner, Benjamin SR	2) Myers, Joshua FR	
3) Gabrielle, John 'jack' SO	4) Ebmeyer, Dakin SO	
24.845 (24.845)	51.495 (26.651)	1:15.774 (24.279)
2:08.164 (24.478)	2:35.120 (26.956)	3:00.211 (25.092)
		1:43.686 (27.913)
		3:27.202 (26.991)
3 Colgate 'B'	3:32.90	2
1) Terry, Will FR	2) Kosich, Finn SO	
3) Ferlise, Tyler SO	4) Davis, Liam SO	
24.871 (24.871)	53.214 (28.344)	1:18.930 (25.716)
2:12.186 (25.000)	2:40.307 (28.121)	3:05.262 (24.956)
		1:47.186 (28.256)
		3:32.893 (27.631)
4 Sacred Heart 'C'	3:34.02	1
1) Sargent, Jakob SR	2) Peterson, Dylan FR	
3) Toland, Declan SO	4) Cuahuizo-Mendez, Andy FR	
25.102 (25.102)	52.910 (27.808)	1:18.223 (25.314)
2:11.346 (25.521)	2:40.166 (28.820)	3:05.571 (25.406)
		1:45.826 (27.603)
		3:34.018 (28.448)
5 Sacred Heart 'B'	3:37.29	2
1) Miele, Dominic SR	2) Kennedy, Khristian FR	
3) Jaipaul, Ryan JR	4) Moore, James SR	
25.597 (25.597)	54.060 (28.464)	1:20.291 (26.232)
2:16.630 (25.849)	2:44.152 (27.522)	3:10.131 (25.980)
		1:50.781 (30.491)
		3:37.282 (27.152)
6 Suffolk 'A'	3:38.34	2
1) Durand, Joshua SR	2) Maloney, Kely SR	
3) Hosman, Tighe FR	4) Nossek, Michael FR	
24.815 (24.815)	53.506 (28.692)	1:19.508 (26.002)
2:14.572 (25.677)	2:43.521 (28.949)	3:10.092 (26.572)
		1:48.895 (29.388)
		3:38.337 (28.246)
7 Gordon 'A'	3:43.32	1
1) Jones, Keenan SO	2) Lonstein, Henry SR	
3) Tucker, Nate FR	4) McGinn, Peter JR	
27.251 (27.251)	57.634 (30.383)	1:22.989 (25.356)
2:18.784 (27.296)	2:49.347 (30.564)	3:14.974 (25.628)
		1:51.489 (28.500)
		3:43.318 (28.344)
8 St. John Fisher 'A'	3:46.74	1
1) Stanton, Connor FR	2) Schappi, Jamie SR	
3) Sandoval, Joshua SR	4) Canale, Nathan SO	
27.673 (27.673)	58.963 (31.291)	1:26.238 (27.275)
2:22.677 (26.602)	2:52.540 (29.864)	3:17.948 (25.408)
		1:56.075 (29.838)
		3:46.731 (28.784)
9 Sacred Heart 'D'	3:48.35	2
1) Sonta, Christian SO	2) Dorio, Kevin SO	
3) Fry, Navon JR	4) Barbaro, Nicholas SO	
26.311 (26.311)	57.868 (31.557)	1:24.166 (26.299)
2:21.633 (26.925)	2:52.537 (30.904)	3:18.221 (25.685)
		1:54.709 (30.543)
		3:48.348 (30.127)



**2025 TRACK at new balance Collegiate Showdown - 1/18/2025****The TRACK at new balance****Results****Men High Jump**

Name	Year	School	Finals	
1 Hibbert, Nazir	SR	Sacred Heart	1.90m	6-02.75
			1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95	
			P P P P O O O XXX	
2 Makiej, Michael	SR	Suffolk	J1.90m	6-02.75
			1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95	
			P P P P O XXO XXO XXX	
3 DePaull, Bryant	JR	St. John Fisher	1.85m	6-00.75
			1.60 1.65 1.70 1.75 1.80 1.85 1.90	
			P P P P XO O XXX	
4 Hall, Brendan	FR	St. John Fisher	1.70m	5-07.00
			1.60 1.65 1.70 1.75	
			P XXO XO XXX	
5 Carrillo, Nico	FR	Suffolk	1.65m	5-05.00
			1.60 1.65 1.70	
			O O XXX	
6 Coffin, Kuyler	JR	St. John Fisher	J1.65m	5-05.00
			1.60 1.65 1.70	
			P XO XXX	

**Men Pole Vault**

Name	Year	School	Finals	
1 Epstein, Samuel	JR	Colgate	4.60m	15-01.00
			3.40 3.55 3.70 3.85 4.00 4.15 4.30 4.45 4.60 4.80	
			P P P P P P O O O XXX	
2 Penna, Hayden	SO	St. John Fisher	J4.60m	15-01.00
			3.40 3.55 3.70 3.85 4.00 4.15 4.30 4.45 4.60 4.80	
			P P P P P P O XO XO XXX	
3 Welch, Oren	FR	St. John Fisher	4.15m	13-07.25
			3.40 3.55 3.70 3.85 4.00 4.15 4.30	
			P P P O P O XXX	
4 Kolpien, Alexander	FR	St. John Fisher	3.85m	12-07.50
			3.40 3.55 3.70 3.85 4.00 4.15	
			P P XO O P XXX	
5 Catino, Joshua	JR	Suffolk	3.55m	11-07.75
			3.40 3.55 3.70	
			O O XXX	

**Men Long Jump**

Name	Year	School	Finals	H#
1 Blair, Cole	SR	Colgate	7.17m	23-06.25 2
			FOUL FOUL 6.77m 6.69m FOUL 7.17m	
2 Burns, Samuel	FR	St. John Fisher	6.40m	21-00.00 2
			6.08m 6.23m 6.23m 6.30m 6.40m 6.27m	
3 Hughes, Will	FR	Gordon	6.35m	20-10.00 2
			FOUL 6.28m 6.15m 6.22m 6.31m 6.35m	
4 Clarke-Wells, Deyshawn		Next Level A	J6.35m	20-10.00 2
			6.29m 5.98m FOUL 6.00m 6.35m 6.30m	
5 Montvila, Sarunas	SO	Sacred Heart	5.81m	19-00.75 2
			5.62m 5.44m 5.25m 5.69m 5.44m 5.81m	

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**The TRACK at new balance**

**Results**

**....Men Long Jump**

6	Suter, Douglas	JR Sacred Heart	5.74m	18-10.00	2
	5.05m 5.55m FOUL 5.51m 5.63m 5.74m				
7	Jones, Keenan	SO Gordon	5.56m	18-03.00	1
	5.44m 5.56m 5.48m 5.43m 5.31m 5.35m				
8	Greene, Jordan	JR Sacred Heart	5.53m	18-01.75	1
	5.53m 5.49m 5.16m 5.37m 5.45m 5.21m				
9	Oreofe, Clinton	FR Suffolk	5.44m	17-10.25	1
	FOUL FOUL 5.44m				
10	Casey, Brian	SO Sacred Heart	5.33m	17-06.00	2
	5.33m FOUL 5.31m				
11	Frodelius, Michael	SO Suffolk	5.18m	17-00.00	1
	FOUL FOUL 5.18m				
12	Crabbs, Holden	FR Sacred Heart	5.04m	16-06.50	1
	4.25m 5.04m 4.39m				
13	Ettlich, Noah	FR Gordon	4.66m	15-03.50	1
	4.66m 4.55m FOUL				

**Men Triple Jump**

Name	Year School	Finals
1 Hughes, Will	FR Gordon	13.49m 44-03.25
	12.80m 13.49m 13.45m 12.94m 12.80m PASS	
2 Hunt, Dylan	JR Sacred Heart	12.85m 42-02.00
	12.74m 12.85m FOUL FOUL FOUL FOUL	
3 Argentieri, David	SO St. John Fisher	12.70m 41-08.00
	FOUL 12.06m 11.50m 11.36m 12.30m 12.70m	
4 Montvila, Sarunas	SO Sacred Heart	12.40m 40-08.25
	11.84m 11.95m 12.24m FOUL 12.20m 12.40m	
5 Casey, Brian	SO Sacred Heart	11.40m 37-05.00
	11.40m FOUL FOUL FOUL FOUL FOUL	
6 Jones, Keenan	SO Gordon	10.85m 35-07.25
	10.41m 10.63m 10.85m 10.15m 10.45m 10.80m	

**Men Shot Put**

Name	Year School	Finals
1 Glennon, Aidan	SR Sacred Heart	15.00m 49-02.50
	14.95m 14.19m 15.00m 14.67m FOUL FOUL	
2 DePasquale, Anthony	SO Sacred Heart	13.47m 44-02.50
	12.81m 13.15m 13.01m 12.66m 12.85m 13.47m	
3 Davis, Daniel	FR St. John Fisher	13.28m 43-07.00
	11.83m FOUL 13.28m 12.54m 12.72m 12.87m	
4 Chambers, Kristopher	FR Sacred Heart	12.85m 42-02.00
	12.85m 12.16m FOUL FOUL FOUL 12.03m	
5 Durang, Tyler	FR Sacred Heart	12.10m 39-08.50
	11.66m FOUL 11.67m FOUL FOUL 12.10m	
6 Wilkinson-Feickert, Conn	JR Sacred Heart	11.72m 38-05.50
	11.01m 11.72m FOUL FOUL 11.30m 11.47m	
7 DeGolier, Sebastian	SO Sacred Heart	11.44m 37-06.50
	FOUL 11.44m 10.84m 10.69m 10.31m FOUL	
8 Fuller, Cole	SR St. John Fisher	11.31m 37-01.25
	11.01m FOUL 10.42m 9.79m 11.31m FOUL	

**2025 TRACK at new balance Collegiate Showdown - 1/18/2025****The TRACK at new balance****Results****....Men Shot Put**

9	Castner, Michael	FR Sacred Heart	10.30m	33-09.50
	FOUL 10.30m 9.41m			
10	Connolly, Andrew	FR St. John Fisher	10.06m	33-00.25
	9.86m 10.06m 9.36m			
11	Johnson, Will	FR Gordon	9.66m	31-08.50
	8.17m 9.66m 8.23m			
12	Curtis, Dylan	FR Gordon	9.45m	31-00.00
	9.45m 8.63m 8.30m			
13	Brown, Connor	FR Suffolk	9.19m	30-02.00
	FOUL 8.83m 9.19m			
--	Curr, Joey	JR St. John Fisher	FOUL	
	FOUL FOUL FOUL			

**Men Weight Throw**

Name	Year	School	Finals
1 Kaplan, Brandon	JR	St. John Fisher	17.19m 56-04.75
			FOUL 15.38m 16.30m 17.19m FOUL 16.35m
2 Durang, Tyler	FR	Sacred Heart	16.12m 52-10.75
			15.28m 14.20m 15.97m 15.54m 16.12m 15.56m
3 Wood, Joshua	SO	Sacred Heart	15.83m 51-11.25
			15.59m 15.23m 15.83m 15.52m 15.58m 15.45m
4 Ainabe, Nathan	FR	Sacred Heart	15.78m 51-09.25
			FOUL 15.78m 14.53m 15.45m FOUL FOUL
5 Chambers, Kristopher	FR	Sacred Heart	15.33m 50-03.50
			15.10m FOUL FOUL 14.72m FOUL 15.33m
6 Tharin, Liam	SR	Sacred Heart	14.63m 48-00.00
			14.38m FOUL FOUL 13.56m 13.70m 14.63m
7 Reese, Blake	FR	St. John Fisher	14.06m 46-01.50
			13.51m 13.50m 14.06m 12.52m 13.16m 13.23m
8 Grinnell, Gavin	JR	St. John Fisher	12.84m 42-01.50
			12.74m 12.80m FOUL 12.84m FOUL FOUL
9 Brown, Elijah	FR	Suffolk	12.65m 41-06.00
			12.43m FOUL 12.65m
10 Keefe, Brandon	FR	St. John Fisher	12.34m 40-06.00
			12.34m 11.14m 11.39m
11 Decusati, Cole	JR	Sacred Heart	12.31m 40-04.75
			12.31m 12.12m 11.97m
12 Grove, Bryce	JR	St. John Fisher	12.24m 40-02.00
			11.00m 11.57m 12.24m
13 Roberts, Sean	FR	Sacred Heart	12.17m 39-11.25
			FOUL 12.17m 11.98m
14 Gibbs, Maxwell	SR	Sacred Heart	12.15m 39-10.50
			12.15m 11.91m 11.74m
15 Zatlukal, Michael	FR	St. John Fisher	11.87m 38-11.50
			FOUL 11.87m 11.65m
16 Johnson, Will	FR	Gordon	6.89m 22-07.25
			6.89m FOUL FOUL