

# 2023 GILFORD EARLY BIRD X-C INVITATIONAL

Gildford, NH  
Gunstock Mountain Resort  
Thursday, August 31, 2023



OFFICIAL MEET REPORT  
printed: 8/31/2023 5:35 PM

**Race #2**  
**WOMEN • 5 Kilometers (3.11 Miles)**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 Hopkinton	20	1-2-4-5-8(19)(33)	1:55:00	23:00
2 Gilford	63	6-10-12-13-22(25)(27)	2:07:32	25:31
3 Newfound Regional	72	3-7-17-21-24(31)(32)	2:09:45	25:57
4 Portsmouth Christian	78	9-11-15-20-23	2:11:22	26:17
5 Belmont	123	14-16-29-30-34(35)(36)	2:20:44	28:09
6 Prospect Mountain	151	18-26-28-39-40(41)	2:34:31	30:55
7 Winnisquam	204	37-38-42-43-44(45)(46)	2:58:30	35:42

### INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
1 ELLISON, Molly	SR	151	Kearsarge	-	20:51.45	---	6:42.4	4:10.3
2 LANE, Madeleine	FR	145	Hopkinton (1)	1	20:51.98	.53	6:42.6	4:10.4
3 BOVE, Reese	JR	142	Hopkinton (2)	2	23:02.43	2:10.98	7:24.5	4:36.5
4 IRVING, Ceili	SO	170	Newfound Regional	3	23:20.06	2:28.61	7:30.2	4:40.0
5 TRAFTON, Elizabeth	SR	148	Hopkinton (3)	4	23:25.29	2:33.84	7:31.9	4:41.1
6 MURDOUGH, Shaylee	JR	146	Hopkinton (4)	5	23:34.76	2:43.31	7:34.9	4:43.0
7 SAWYER, Alana	JR	139	Gilford (1)	6	23:44.67	2:53.22	7:38.1	4:44.9
8 BRIGGS, Emerald	SO	165	Newfound Regional	7	23:46.87	2:55.42	7:38.8	4:45.4
9 WALSH, Amelia	JR	149	Hopkinton (5)	8	24:04.85	3:13.40	7:44.6	4:49.0
10 ELLIOT, Grace	JR	163	Moultonborough	-	24:12.30	3:20.85	7:47.0	4:50.5
11 WATTS, Hailey	8	164	Moultonborough	-	24:24.33	3:32.88	7:50.8	4:52.9
12 STEVENS, Isabella	FR	179	Portsmouth Christia	9	24:26.67	3:35.22	7:51.6	4:53.3
13 EASTMAN, Sydney	SR	133	Gilford (2)	10	24:53.59	4:02.14	8:00.3	4:58.7
14 HUTT, Caterina	SO	175	Portsmouth Christia	11	24:57.46	4:06.01	8:01.5	4:59.5
15 TILLEY, Maria	SO	140	Gilford (3)	12	25:17.64	4:26.19	8:08.0	5:03.5
16 LEFEBVRE, Amelia	SR	153	Kearsarge	-	25:27.94	4:36.49	8:11.3	5:05.6
17 BOOTH, Athena	SO	128	Gilford (4)	13	25:30.92	4:39.47	8:12.3	5:06.2
18 TAKANTJAS, Adeline	JR	125	Belmont (1)	14	25:35.34	4:43.89	8:13.7	5:07.1
19 LAVALLEY, Alyssa	SR	208	Bishop Brady	-	26:19.60	5:28.15	8:27.9	5:15.9
20 LATULIPPE, Annaliese	8	176	Portsmouth Christia	15	26:25.10	5:33.65	8:29.7	5:17.0
21 EDGREN, Rebekah	JR	121	Belmont (2)	16	26:25.99	5:34.54	8:30.0	5:17.2
22 BURKHARDT, Kylie	JR	161	Moultonborough	-	26:28.16	5:36.71	8:30.7	5:17.6
23 CUTTING, Reece	SO	166	Newfound Regional	17	26:39.44	5:47.99	8:34.3	5:19.9
24 HARDING, Page	SO	185	Prospect Mountain (	18	26:51.27	5:59.82	8:38.1	5:22.3
25 DANIELS, Annie	JR	143	Hopkinton (6)	(19)	27:20.44	6:28.99	8:47.5	5:28.1
26 NICKERSON, Gabrielle	JR	177	Portsmouth Christia	20	27:21.88	6:30.43	8:47.9	5:28.4
27 FOSS, Mackenzie	FR	189	White Mountains	-	27:22.46	6:31.01	8:48.1	5:28.5
28 FORD, Isabella	SO	188	White Mountains	-	27:25.06	6:33.61	8:49.0	5:29.0
29 HALLE, Josie	JR	169	Newfound Regional	21	27:40.92	6:49.47	8:54.1	5:32.2
30 MCKINNEY, Elizabeth	JR	209	Bishop Brady	-	27:46.36	6:54.91	8:55.8	5:33.3
31 BURLOCK, Madeline	SR	130	Gilford (5)	22	28:04.52	7:13.07	9:01.6	5:36.9
32 ROACHE, Maeve	8	178	Portsmouth Christia	23	28:10.02	7:18.57	9:03.4	5:38.0
33 VALLIERE, Gabrielle	SO	174	Newfound Regional	24	28:17.34	7:25.89	9:05.8	5:39.5
34 O'BRIEN, Kaitlyn	JR	138	Gilford (6)	(25)	28:27.69	7:36.24	9:09.1	5:41.5
35 BAKER, Layla	SO	180	Prospect Mountain (	26	28:38.00	7:46.55	9:12.4	5:43.6

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<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team (Team Place)</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
36 HUGHES, Megan	SR	135	Gilford (7)	(27)	28:45.82	7:54.37	9:14.9	5:45.2
37 BRIGGS, Madelyn	FR	182	Prospect Mountain (	28	29:03.61	8:12.16	9:20.6	5:48.7
38 MCSHEFFREY, Lyla	FR	124	Belmont (3)	29	29:06.45	8:15.00	9:21.6	5:49.3
39 DEFRANCESCO, Emilie	SR	119	Belmont (4)	30	29:12.87	8:21.42	9:23.6	5:50.6
40 GARLICK-DRAKE, Sophie	FR	167	Newfound Regional	(31)	29:18.04	8:26.59	9:25.3	5:51.6
41 KAEMPER, Charlotte	FR	171	Newfound Regional	(32)	29:21.74	8:30.29	9:26.5	5:52.3
42 BARNARD, Elise	FR	207	Bishop Brady	-	29:35.29	8:43.84	9:30.8	5:55.1
43 BEARDMORE, Lucy	FR	141	Hopkinton (7)	(33)	29:37.12	8:45.67	9:31.4	5:55.4
44 SAHR, Avery	JR	212	Bishop Brady	-	29:41.80	8:50.35	9:32.9	5:56.4
45 WHITE, Taylor	FR	155	Kearsarge	-	29:52.28	9:00.83	9:36.3	5:58.5
46 DEGANGE, Riley	SO	120	Belmont (5)	34	30:23.35	9:31.90	9:46.3	6:04.7
47 HAYWARD, Abby	SO	158	Laconia	-	30:52.61	10:01.1	9:55.7	6:10.5
48 BURLOCK, Emilia	SO	129	Gilford	-	31:32.39	10:40.9	10:08.5	6:18.5
49 SMITH, Savannah	SO	147	Hopkinton	-	31:53.96	11:02.5	10:15.4	6:22.8
50 FILEBROWN, Aspen	SR	122	Belmont (6)	(35)	32:14.91	11:23.4	10:22.2	6:27.0
51 GRANT, Maddison	FR	157	Laconia	-	32:38.08	11:46.6	10:29.6	6:31.6
52 CLAIRMONT, Hailey	SO	118	Belmont (7)	(36)	32:40.29	11:48.8	10:30.3	6:32.1
53 TRIPPLE, Emily	SO	197	Winnisquam (1)	37	34:34.45	13:43.0	11:07.0	6:54.9
54 OSMER, Abigail	SO	195	Winnisquam (2)	38	34:34.98	13:43.5	11:07.2	6:55.0
55 BRIGGS, Alexis	FR	181	Prospect Mountain (	39	34:58.69	14:07.2	11:14.8	6:59.7
56 MCCARTNEY, Eva	SO	186	Prospect Mountain (	40	34:59.41	14:07.9	11:15.0	6:59.9
57 ELGLEHART, Patricia	FR	184	Prospect Mountain (	(41)	35:01.09	14:09.6	11:15.6	7:00.2
58 LESCARBEAU, Kaia	FR	160	Laconia	-	35:12.77	14:21.3	11:19.3	7:02.6
59 SPRAGUE, Penelope	FR	196	Winnisquam (3)	42	36:21.17	15:29.7	11:41.3	7:16.2
60 DALZELL, Bella	SO	192	Winnisquam (4)	43	36:22.85	15:31.4	11:41.9	7:16.6
61 WOLFE, Natalie	FR	198	Winnisquam (5)	44	36:36.46	15:45.0	11:46.3	7:19.3
62 DELGROSSO, Annelise	FR	150	Kearsarge	-	37:27.45	16:36.0	12:02.7	7:29.5
63 PATRY, Danica	SO	126	Berlin	-	37:31.70	16:40.2	12:04.0	7:30.3
64 ALLARD, Gabby	FR	191	Winnisquam (6)	(45)	48:14.47	27:23.0	15:30.7	9:38.9
65 LANGEVIN, Elise	FR	194	Winnisquam (7)	(46)	48:17.80	27:26.3	15:31.8	9:39.6