

18th Annual
NASHUA NORTH INVITATIONAL
Saturday, April 19, 2025

GENERAL INFORMATION

Directions and more information available at: lancertiming.com

No team scoring. Bathroom facilities are available but locker rooms are **not available**.

The meet will feature an 8-lane track and Fully Automatic Timing provided by Lancer Timing.

Only ¼ inch pyramid spikes will be allowed on all running and jumping surfaces.

ALL FEDERATION RULES APPLY.

A full concession stand will be available at the facility and T-shirts will also be sold.

Results will be available at lancertiming.com

ENTRY INFORMATION

Entries will be done through Direct Athletics. The meet will be added to your schedule, on your team page, at directathletics.com. **Event entry deadline will be Friday, April 18, 2025 at noon.**

Each team will be allowed a maximum of 3 athletes per event.

Due to possible large team/event entries, **each athlete will be allowed to compete in a maximum of any 3 events – including relays.** For example, an athlete may run the 4x800, 800, and 4x400; or the 100, 4x100, and TJ. An athlete **may not** compete in 4 events. If an athlete is caught doing more than 3 events, the athlete's performances will be disqualified from the meet.

There will be an entry fee of \$8.00 per event/per athlete or team entry fees of \$150.00 per gender.

Please make checks payable to: Nashua High School North - Track

<u>Mail entry fee to:</u>	Karen Burnett Nashua High School North – Athletics 8 Titan Way Nashua, NH 03063
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AWARDS

Individual awards will be given to the winner of each event.

The winner of the girls 4x100 relay will receive a plaque in memory of Pauline Albert.

The winner of the boys 4x400 relay will receive a plaque in memory of Bob DeMello.